



WHAT? Power Skating & Skills Development Series

WHERE? Ames, Iowa – Ames / ISU Ice Arena

WHEN? Sunday, March 20 – Sunday, April 24, 2022

Description: Top Shelf Hockey Midwest is teaming up with **Kiana Stadler with KJ Power Skating** to offer a unique opportunity to work on both **SKATING & SKILLS DEVELOPMENT**. Kiana will bring her expertise from 15 years of competitive skating and **5 years of coaching** to work with and hone your players edges and stride to improve their quickness and efficiency on skates. In conjunction with skating, the **Top Shelf Hockey** staff will work on skills development to improve passing, shooting, and handling the puck at high speed. The goal of the program is to push your player to exceed their comfort zone and find their higher level!

Fee: \$240

Group #1 - Mites & Squirts

Group #2 - Pee Wees & Bantams

Included: Instruction will include **12+ hours (12 sessions)** of ice-time over a 6-week period and a Top Shelf Hockey jersey.

Instructors for the series include, but are not limited to:

- **Kiana Stadler** – A U.S. Figure Skating quadruple gold medalist with 15 years of competitive figure skating throughout the Midwest. Kiana is currently a figure skating and hockey power skating coach and works with the AMHA High School team.
- **Brian Wierson** – Former Cyclone Hockey Asst. & High School Head Coach of Ames, Brian has worked extensively with Power Skating and Overspeed instructors at various camps and clinics over the past 25 years. Brian is a '92 Grad of AMHA.
- **Andrew Murdoch** – An Ames, IA native, Andrew played collegiately with Cyclone Hockey. He spent time in Sweden while in high school as well as Canadian Jr. hockey in Manitoba. Andrew currently helps instruct the AMHA Squirt players.
- **Brent Swanson** – Also an Ames, IA native, Brent played in the Central States Junior Hockey League and collegiately in Vermont and Minnesota. He has coached at every youth hockey level, Wisconsin High School Hockey as well as skills clinics with current Professional and Division 1 hockey players. Brent is currently wrapping up his 14th year of coaching.

Date	GROUP #1 – MITES & SQUIRTS	GROUP #2 – PEE WEES & BANTAMS
<i>Sunday, Mar. 20</i>	4:15 PM – 5:15 PM	5:15 PM – 6:15 PM
<i>Thursday, Mar. 24</i>	6:30 PM – 7:30 PM	7:30 PM – 8:30 PM
<i>Sunday, Mar. 27</i>	10:00 AM – 11:00 AM	11:00 AM – 12:00 PM
<i>Thursday, Mar. 31</i>	6:30 PM – 7:30 PM	7:30 PM – 8:30 PM
<i>Sunday, Apr. 3</i>	10:00 AM – 11:00 AM	11:00 AM – 12:00 PM
<i>Thursday, Apr. 7</i>	5:30 PM – 6:45 PM	6:30 PM – 7:45 PM
<i>Sunday, Apr. 10</i>	10:00 AM – 11:00 AM	11:00 AM – 12:00 PM
<i>Thursday, Apr. 14</i>	5:30 PM – 6:45 PM	6:30 PM – 7:45 PM
<i>Sunday, Apr. 17 (Easter)</i>	4:15 PM – 5:15 PM	5:15 PM – 6:15 PM
<i>Tuesday, Apr. 19</i>	6:30 PM – 7:30 PM	7:30 PM – 8:30 PM
<i>Thursday, Apr. 21</i>	6:30 PM – 7:30 PM	7:30 PM – 8:30 PM
<i>Sunday, Apr. 24</i>	11:30 AM – 12:45 PM	12:30 PM – 1:45 PM

Website: <https://top5helf.com/registration/>

Contact: Brian Wierson – brianwierson@gmail.com

Times / Groups / Schedules / Instructors ... ALL subject to change based on Registrations & Availability



REGISTRATION FORM

Name of Participant: _____ Age: _____ Jersey Size: _____
 Address: _____ City: _____ Zip: _____
 Email Address: _____ Phone #: _____
 Name of Parent / Guardian: _____ Phone #: _____
 Emergency Contact: _____ Phone #: _____
 USA Hockey Conf #: _____ Last / Current Team: _____
 Signature: _____ Date: _____

Please make checks payable to *Top Shelf Hockey* and mail all materials to:

Top Shelf Hockey
1111 Curtiss Ave.
Ames, IA 50010

by Monday, February 28, 2022

Email inquiries to Brian Wierson at brianwierson@gmail.com

RELEASE OF LIABILITY

I, the undersigned, the parent or guardian of _____, a minor, does hereby approve my child's participation in Top Shelf Hockey Midwest and its sponsored activities. I hereby consent and acknowledge that my child will be subject to and shall assume the ordinary risks of such sponsored activities.

I further agree to hold harmless and release Top Shelf Hockey Midwest, its employees, staff members, agent, contractors and anyone associated with any activities sponsored by Top Shelf Hockey Midwest from any and all liability arising from such activities. I further agree to hold harmless and indemnify Top Shelf Hockey Midwest from any and all demands, claims and suits arising from such activities, including all judgments, costs and expenses, including attorney fees.

You must sign below or, if under the age of 18 years, the parent or guardian of the participant must sign.

I hereby certify I have read the foregoing and do hereby agree to abide and be bound by its terms.

Child's Name: _____ Date: _____

Parent or Guardian Signature: _____